



**Texts for Franciscan Spiritual Direction Training Program 2.0
Year One February 2025– October 2025**

Required:

- ❖ Blythe, Teresa. *Spiritual Direction 101*. Berkeley: Apocryphile Press, 2018.
- ❖ Bodo, Murray. *Francis: The Journey and the Dream*. St Anthony Messenger Press, 1972.
- ❖ Bridges, William. *Transitions: Making Sense of Life's Changes*. Cambridge, MA: Perseus Books, 1980
- ❖ Guenther, Margaret. *Holy Listening: The Art of Spiritual Direction*. Boston: Cowley Publications, 1992.
- ❖ Kruse, John V., *Discovering the Franciscan Intellectual Tradition*. St. Bonaventure, NY: Franciscan Institute Publications, 2017.
- ❖ Lee, Cindy S. *Our Unforming: De-Westernizing Spiritual Formation*. Minneapolis: Fortress Press, 2022.
- ❖ Riley, Dan, OFM and Copeland, Stephen. *Franciscan Lectio, Reading the World Through Reading the Living Word*, Brewster, MA: Paraclete Press, 2022.
- ❖ Rohr, Richard, OFM. *The Naked Now: Learning to See as the Mystics See*. New York: Crossroads Publishing. 2009.

**Texts for Franciscan Spiritual Direction Training Program 2.0
Year Two February 2026 – October 2026**

Required:

- ❖ Delio, Ilia. *Franciscan Prayer*. Cincinnati: Franciscan Media. 2004.
- ❖ Deutsch, Kelly. *Spiritual Wanderlust: The Field Guide to Deep Desire*. 2019.
- ❖ Menaken, Resmaa. *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies*. Las Vegas: Central Recovery Press, 2017.
- ❖ Nouwen, Henri. *Spiritual Direction: Wisdom for the Long Walk of Faith*. New York: HarperOne, 2006.



- ❖ Rohr, Richard, O.F.M. *Immortal Diamond: The Search for our True Self*. San Francisco: Jossey-Bass, 2013.
- ❖ Rohr, Richard, O.F.M. *The Universal Christ: How a Forgotten Reality Can Change Everything We See, Hope For, and Believe*. New York: Convergent, 2019.
- ❖ Weller, Francis. *The Wild Edge of Sorrow: Rituals of Renewal and the Sacred Work of Grief*. Berkeley: North Atlantic Books, 2015.

Suggested Additional Reading

- ❖ Barry, William A. and Connolly, William J. *The Practice of Spiritual Direction*. New York: Harper One, 1982.
- ❖ Boyle, Gregory. *Barking at the Choir: The Power of Radical Kinship*. New York: Simon & Shuster Paperbacks, 2017. (alternative ministry with the poor and vulnerable)
- _____. *Tattoos on the Heart: The Power of Boundless Compassion*. New York: Free Press, 2010. (alternative ministry with the poor and vulnerable)
- _____. *The Whole Language: The Power of Extravagant Tenderness*. New York: Avid Reader Press, 2021. (alternative ministry with the poor and vulnerable)
- ❖ Delio, Ilia, O.S.F. *Clare of Assisi: A Heart Full of Love*. Cincinnati: Franciscan Media, 2007.
- ❖ Grewe, Fred. *Time to Talk about Dying: How Clergy and Chaplains Can Help Senior Adults Prepare for a Good Death*. Philadelphia: Jessica Kingsley, 2018
- _____. *What the Dying Have Taught Me about Living: The Awful Amazing Grace of God*. Chicago: Open Water Publishing, 2014.
- ❖ Kaur, Valarie, *See No Stranger: A Memoir and Manifesto of Revolutionary Love*. New York: One World, 2020. (spiritual direction as justice work)
- ❖ Mabry, John R. *Noticing the Divine: An Introduction to Interfaith Spiritual Guidance*. New York: Morehouse Publishing, 2006.
- ❖ Mabry, John R. *Starting Spiritual Direction: A Guide to Getting Ready, Feeling Safe, and Getting the Most Out of Your Sessions*. Berkeley: Apocryphile Press, 2017.

Franciscan Spiritual Center

Renew one's spirit | See with new eyes

Learn and connect | Find peace, quiet, and rest



- ❖ May, Gerald, M.D. *The Dark Night of the Soul: A Psychiatrist Explores the Connection Between Darkness and Spiritual Growth*. New York: Harper Collins Publishers, Inc., 2004.
- ❖ Straub, Gerard. *The Sun and Moon Over Assisi: A Personal Encounter with Francis and Clare*. Cincinnati: Saint Anthony Messenger Press, 2000.
- ❖ Weiner, Roslyn G. *Seeking in the Company of Others: The Wisdom of Group Spiritual Direction*. Seattle: SDI Press, 2021.
- ❖ Randy Woodley, *Becoming Rooted: One Hundred Days of Reconnecting with Sacred Earth*. Minneapolis: Broadleaf Books, 2022. (native/indigenous spirituality)
- ❖ Chestnut, Beatrice, PhD. Uraino Paes, MM, *The Enneagram Guide to Waking Up*. Charlottesville, VA: Hampton Road Publishing Company Inc. 2021.
- ❖ Newell, John Philip. *The Rebirthing of God: Christianity's Struggle for New Beginnings*. Woodstock, Vermont: Skylight Paths Publishing, 2015.
- ❖ Palmer, Parker. *Let Your Life Speak: Listening for the Voice of Vocation*. San Francisco: Jossey-Bass, 1999.