

PROGRAM FACILITATORS:



Sr. Mary Jo Chaves, a Franciscan Sister, is the Foundress and foundational heart behind the Franciscan Spiritual Direction Training Program at FSC. This program flowed out of her own heart to offer to those interested in becoming spiritual directors a unique opportunity to be trained from a Franciscan perspective in the art of spiritual direction. She has a deep passion for helping to integrate the unique Franciscan values she has gained in 54 years of experience in Sisters of St. Francis Community, twenty two of which she has spent ministering full time as a spiritual director in the Portland area. Sr. Mary Jo is the Director of the program and hopes that each participant will graduate from our two-year training with a deeper understanding of his/her identity as one who ministers in spiritual direction with a Franciscan heart and perspective.



Eileen Parfrey brings seventeen years of experience in pastoral ministry and spiritual direction to our program. After twenty previous years in the construction industry, she has a finely-honed passion for helping people find the sacred in ordinary living. Eileen embodies a Franciscan heart with her creativity, joy and passion for peace! She uses her artist's heart and poet's inclination to help craft meaningful spiritual and practical experiences for our SDTP that help each participant discover his/her giftedness within.



Paula Gamble-Grant comes to the SDTP from 30 years in vocational ministry. She has a deep passion to see people who have been called to the ministry of SD be trained with excellence in the heart and art of this craft. As a trained and sought after SD and Supervisor herself, as well as being the coordinator for our program, she'll help you through the application process and help oversee the gatherings. Paula has been involved with FSC for over 10 years - cultivating her Franciscan heart and implementing these values into her life and ministry. She hopes that each participant of our SDTP would graduate with greater inner assurance of God's Extravagant Love and the unique ways God is inviting the individual, as a Spiritual Director, to walk in Love for the sake of others.

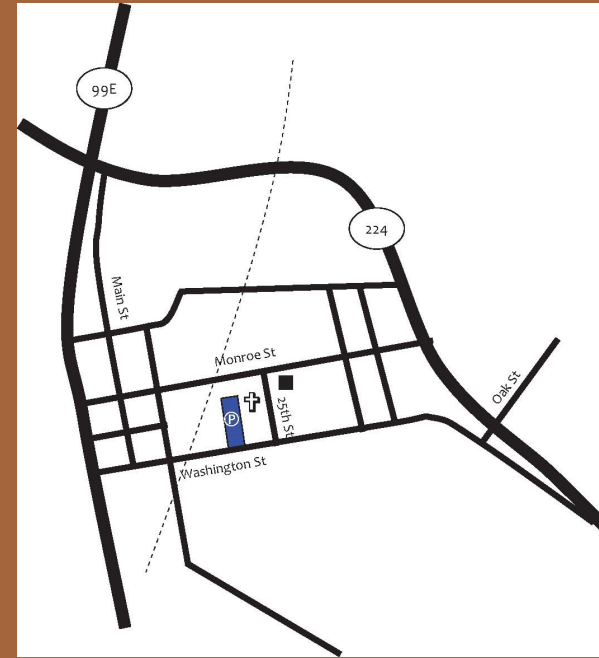
COSTS: \$1,750 per year
Application Fee \$35

Application Process: January 1 – August 1, 2020

- Applicant requests an application.
- Applicant sets a date for an interview with staff.
- Applicant sends in a completed application - with the non-refundable \$35 fee- a week before the interview.
- Applicant interviews with staff.
- Director sends a response letter within two weeks of the interview.
- Staff sends a Reading List and other information by September 1st, 2018 to those applicants who have been accepted into the program.



Finding the Center



Contact us for more information:
info@francisspctr.com
or 503-794-8542

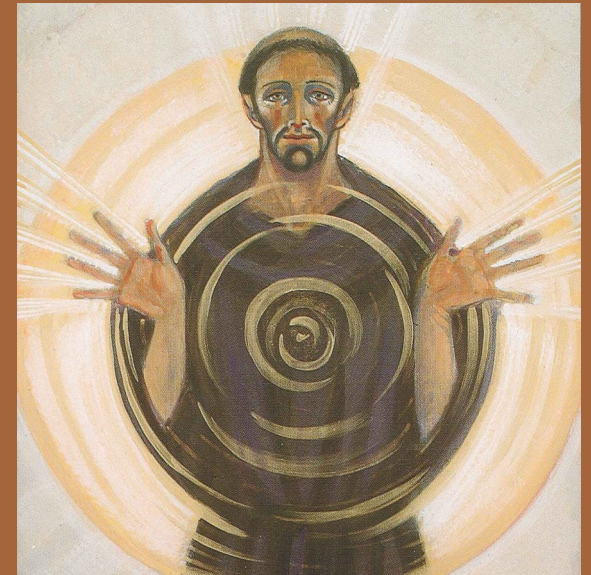


Franciscan Spiritual Center
Spiritual Direction Training Program
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Milwaukie, OR 97222
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Franciscan
Spiritual Center
Milwaukie, OR



* Frate Sole by Guistina de Toni

Spiritual Direction Training Program

A 2– year spiritual direction training program that focuses on deep listening in a Franciscan environment.

Program Director:

Sr. Mary Jo Chaves, OSF, MAT

FOR WHOM:

The Spiritual Direction Training Program is available to women and men who are discerning a call to spiritual direction ministry and who wish to explore that call, engage in personal spiritual growth, enhance the knowledge and skills needed for this ministry.

In addition, this program is for persons who:

- ◆ Have some theological background
- ◆ Appreciate learning with others from different faith traditions and diverse backgrounds
- ◆ Have experience with and are willing to engage in continuing personal spiritual direction
- ◆ Are seeking a deeper spiritual connection in their lives
- ◆ Are well grounded in faith and are willing to articulate that faith
- ◆ Have an interest in and willingness to do readings between sessions, some personal reflection writing, and engage in a cohort of fellow seekers

The intent of the Spiritual Direction Training Program is:

- ◆ To enrich the spiritual life and theological awareness of the participants
- ◆ To offer resources, experience, and support which can prepare participants to practice the art of spiritual direction sensitively and skillfully

PROGRAM

- ◆ To enhance participants’ ability to companion another on their faith journey
- ◆ To gain an understanding of the values of St. Francis and St. Clare, whose love and respect for all beings and the Earth are grounded in Gospel values.

FOUNDATIONAL UNDERSTANDING:

Our Spiritual Direction Training program is based in the Franciscan tradition which exults in the abundance and goodness of God and creation. The dignity and importance of each human person is the basis of the sacred listening involved in Franciscan Spiritual Direction. The program begins with the on-going conversion of each person, developing a sense of their own call and gifts, and understanding the importance of story, in themselves and in others. From the beginning we will be developing listening skills and inclusive language, coming to deeper clarity about one’s own image of the Divine. We will study the insights of St. Francis, St. Clare, Bonaventure, and Scotus, along with mystics of several different faith traditions. Active participation and practica will be a large part of the training. Students will be expected to read, journal, make presentations, and most of all, learn the art of spiritual direction. Foundational ethics, boundaries, and experience of supervision and consultation will be studied and practiced.

CONTENT:

Franciscan Identity:

- ◆ Gospel Values – walking with the poor, the sick, the elderly, the magnificent inclusion of all in God’s plan, God’s family
- ◆ Dignity of the human person
- ◆ On-going conversion, movements from bitterness to sweetness
- ◆ The Goodness of God found in all human experience
- ◆ God’s generosity and self-giving
- ◆ Returning God’s love
- ◆ God’s Presence in each unique form of Creation
- ◆ The ultimate humility-and freedom-of God
- ◆ Discernment from a Franciscan Perspective
- ◆ Relationship and interconnectivity of all things
- ◆ The Mystery of Love

Participants will receive a **Certificate of Completion** upon successful fulfillment of the requirements of the 2-year program.

FIRST YEAR

- Introduction to Franciscan theology, history and key figures
- Personal theological formation, ethics, values, and continuing spiritual growth
- Spiritual listening skill development
- Presentation and group discussion of assigned readings
- Introduction to spiritual direction in dyads and triads
- Introduction to Ignatian and Franciscan discernment
- Introduction to dream work and breath work
- Erickson, Maslow and Fowler’s stages in human growth and faith development
- Enneagram and Myers Briggs personality theories
- Diversity and images of God
- Rule of Life and discernment of call to being a spiritual director

SECOND YEAR

- Practicum experience through offering spiritual direction to two to three volunteers including supervision and consultation for the practicum sessions.
- Continuing exploration of Franciscan theology and its relevance today.
- Research, presentation and group discussion of assigned readings
- Elements for establishing a spiritual direction practice
- Further exploration of Franciscan and Ignatian discernment
- Spiritual direction as a high risk profession
- Issues of endings and grief in spiritual direction
- Creation of a personal framework for being a spiritual director

SCHEDULE FOR FIRST YEAR FOR 2020-2021

1pm — 5pm on the scheduled Fridays

9am — 5pm on the scheduled Saturdays

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| ● September 11, 12 | ● February 12, 13 |
| ● October 9, 10 | ● March 12, 13 |
| ● November 13, 14 | ● April 9, 10 |
| ● December 11, 12 | ● May 14, 15 |
| ● January 8, 9 | ● June 11, 12 |

(all dates subject to change)