



Texts for Franciscan Spiritual Direction Training Program 2.0 Year One February 2025– October 2025

Required:

- ❖ Blythe, Teresa. *Spiritual Direction 101*. Berkeley: Apocryphile Press, 2018.
- ❖ Bodo, Murray. *Francis: The Journey and the Dream*. St Anthony Messenger Press, 1972.
- ❖ Bridges, William. *Transitions: Making Sense of Life's Changes*. Cambridge, MA: Perseus Books, 1980
- ❖ Guenther, Margaret. *Holy Listening: The Art of Spiritual Direction*. Boston: Cowley Publications, 1992.
- ❖ Kruse, John V., *Discovering the Franciscan Intellectual Tradition*. St. Bonaventure, NY: Franciscan Institute Publications, 2017.
- ❖ Lee, Cindy S. *Our Unforming: De-Westernizing Spiritual Formation*. Minneapolis: Fortress Press, 2022.
- ❖ Riley, Dan, OFM and Copeland, Stephen. *Franciscan Lectio, Reading the World Through Reading the Living Word*, Brewster, MA: Paraclete Press, 2022.
- ❖ Rohr, Richard, OFM. *The Naked Now: Learning to See as the Mystics See*. New York: Crossroads Publishing. 2009.

Suggested Additional Reading

- ❖ Chestnut, Beatrice, PhD. Uraino Paes, MM, *The Enneagram Guide to Waking Up*. Charlottesville, VA: Hampton Road Publishing Company Inc. 2021.
- ❖ Newell, John Philip. *The Rebirthing of God: Christianity's Struggle for New Beginnings*. Woodstock, Vermont: Skylight Paths Publishing, 2015.
- ❖ Palmer, Parker. *Let Your Life Speak: Listening for the Voice of Vocation*. San Francisco: Jossey-Bass, 1999.